



## Home Disaster Kit

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- Water**

One gallon of water per person per day, for a minimum of three days, plus an additional two litres per person for cooking and cleaning. The Red Cross recommends stocking up on water for a minimum of two weeks for home kits.

  - Household chlorine bleach and an eye dropper OR
  - Water-purification tablets to purify water in the event of contamination

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- Food**

Minimum three-day supply of non-perishable food. Again, the Red Cross recommends stocking up on two weeks worth of food for home kits.

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- Multi-purpose tool**

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- Manual can opener for food**

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- Eating utensils, cups, and bowls**

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- First aid kit**

In addition to standard first aid kit items, include:

  - At least a week's supply of prescription medications
  - Assistive items or devices, components, and backups (additional battery packs, hearing aids, glasses, contact lenses and solution, etc.)
  - Personal hygiene and sanitation items
  - Scissors

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- Toilet paper**

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- Towels**

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- Garbage bags, plastic sheeting, and duct tape in case you need to shelter in place**

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- Battery-powered or hand crank radio** (specifically, look for the NOAA Weather Radio)

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- Flashlight and extra batteries**

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- Candles and matches or lighter**



## Home Disaster Kit

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- Fire extinguisher**

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- Emergency whistle**

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- Clothes**  
At least one climate- and seasonally-appropriate change of clothes and a pair of comfortable shoes.

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- Wrench or pliers** (to turn off utilities)

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- Copies of emergency plan, emergency contact information, and important personal documents, such as:**
  - Medication list and necessary medical documents
  - Passports
  - Birth certificates
  - Proof of address
  - Deed/lease to home
  - Insurance policies

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- Local maps**

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- Cell phone, solar charger, and backup battery** (old cell phones that are still compatible with current cellular networks can be used to make 911 phone calls, even without a phone plan)

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- Additional items to consider**
  - Hand sanitizer
  - Basic set of tools (hammer, screwdrivers, work gloves, pocket knife)



## Home Disaster Kit

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### **If you have children:**

- Prescription medications
  - Bottles
  - Formula and/or baby food
  - Diapers
  - Clothing
  - Baby wipes
  - Toys, games, books, crafts, and activity items that don't require electricity to keep them entertained
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### **If you have seniors or elderly family members**

- Extra eyeglasses
  - Extra batteries for medical supplies like hearing aids or blood sugar monitors
  - Blankets
  - Medications and supplies for medical devices like blood sugar monitors—at least a 7 day supply, ideally more.
  - Record of medical conditions, allergies, and current medications, stored in a waterproof container
  - Duplicates of important documents such as passports, drivers licenses, social security cards, wills, deeds, financial statements, and insurance information, stored in a waterproof bag or container.
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### **If you have pets**

- Collar, leash, and/or carrier
- Identification
- Food
- Water
- Medications
- Cat litter, pee pads, and any other sanitary or waste clean-up items
- Seasonal apparel they might need (winter boots, coats)