



Eight Weeks Before

- Get organized
Collect important paperwork like bill of lading, moving contract, estimates, inventories, and receipts.
- Start sorting
Decide what to donate, sell, or recycle.
- Research your moving options
Are you going to hire movers or book a moving truck?
- Notify your landlord
- Inform your employer
- Build a budget
- Take inventory of your belongings
- Start shopping for packing supplies
- Begin to pack non-essentials



Six Weeks Before

- Fill out a change of address form
- Notify other important parties:
 - Alumni associations*
 - Banks*
 - Brokerage firms*
 - Human resources department*
 - Government, including DMV and IRS*
 - Magazines and newspapers*
 - Credit card*
 - Schools*
 - Monthly club or box subscriptions*
 - Insurance*
 - Utility companies*
- Plan a garage sale
- Collect and/or transfer school records
- Take inventory
- Collect and/or transfer medical records
Start researching a new family physician.
- Visit the vet for a checkup and to pick up your pet's files
- Get serious about supplies
- Contact your moving company
- Start using up household items like cleaning supplies
- Measure your new space
- Start to separate valuables



Four Weeks Before

- Notify utility, cable, and internet providers.
Schedule utilities to turn off the day after you move and to turn on at your new place on moving day.
- Book a moving truck if you're not hiring movers
- Investigate what can't be transported on the moving truck
- Take your car in for a tune up
- Select an auto transporter if you aren't driving your car
- Make travel arrangements
Book flights, hotels, car rentals, or train tickets.
- Start asking your friends and family if they can help you pack and move
- Continue packing

Three Weeks Before

- Make a meal plan
Use up food in your fridge, freezer, and pantry.
- Make plans for pets and plants
- Transfer home insurance
- Make work arrangements
- Visit your doctor to get any refills you'll need throughout the moving process



Two Weeks Before

- Empty or transfer the contents of your safe-deposit box
- Keep packing
- Check in with your kids to see how they're handling the move and reassure them
- Reserve the elevator
- Start saying your goodbyes
- Make a plan for your garbage
If your new home isn't on the collection schedule for a while, figure out where you can drop off your trash or schedule a pickup.

One Week Before

- Fill or refill any prescriptions that you couldn't pick up earlier
- Start to pack up every day items
- Confirm your moving arrangements
- Prepare an essentials box and suitcase, include:
 - A set of sheets*
 - Toothbrush, floss, and toothpaste*
 - Deodorant*
 - One or two changes of clothes, including socks*
 - Pyjamas*
 - Medications*
 - Bandages*
 - Moisturizer, chapstick, and other essential toiletries*
 - A couple of dishes, some cutlery, and a few pots or pans*
- Pay monthly bills that will come due during or close to the moving process
- Disassemble furniture
- Return borrowed items
- Clean your house



A Few Days Before

- Defrost your freezer
- Arrange payment for movers
- Ask a neighbor to check your mail after you've moved
- Double check your documents and moving binder
- Protect valuables
Store items you don't want placed on the truck in a locked room with a sign on the door.

Moving Day

- Go to bed early the night before
- Wake up early and double-check everything and prep your house for movers:
 - Put down old rugs, towels, or cardboard on the floor*
 - Remove doors from their hinges*
 - Hang sheets on the walls*
 - Remove or wrap banisters and stair rails*
 - Install no-slip treads on the stairs*
- Set up kids and pets in a pre-arranged safe, supervised place
- Verify your moving truck
Confirm that company name, vehicle number, and the USDOT number match those on your estimate.
- Confirm your address with the movers
Make sure they know where to go and how to contact you.
- Add new paperwork to the moving binder
- Show the movers around
Point out fragile items, the best pathway in and out of your home for large items, and answer any questions they have.
- Take one last look around your house
- Say goodbye to your old home
- Drive safely to your new home
- Make your bed
- Set up your child's room



The Day(s) After

- Unpack the most important rooms
Start with bedrooms, bathrooms, and the kitchen.

- Childproof your home

- Greet your neighbors

- Leave a review of the moving company

- Start making memories!